

Renovations Salon & Day Spa

TAN PREPARATION IS A MUST!

Make the most of your “at home” tanning experience by following Renovation’s simple advice...”the golden rules” to ensuring your spray tan lasts between 5-10 days!

Step 1: The Night Before Your Tan

A pre-tan pampering session is essential if you want to achieve a flawless, long lasting, patch free tan - this should include:

“De-fluffing” - That’s right , its imperative to engage in hair removal the day before the tan.

This will ensure your tan looks smooth and gorgeous! if shaving, this can be done the night before, if waxing this needs to be done at least 48 hours prior to your tan.



“Exfoliation” - Indulge in full-body exfoliation to remove lingering dead skin build-up. Make sure you pay particular attention to your hands, feet, elbows and knees! This will ensure your tan looks smooth, even and radiant and lasts longer. We recommend you avoid using an oil based exfoliator.

“Spoil Yourself” - Why not embrace this time-out by hopping in the bath with a few scented candles and a glass of your favorite wine! (watch Julia Roberts in Pretty Woman for inspiration!)

Step 2: On The Day

Where possible it is best to have a quick shower on the day to remove any deodorant, moisturizers, makeup or perfume you may have been wearing throughout the day, as these will cause a barrier to the spray tan solution.

When you’re ready, it’s time to get tanned !

Once you have decided what you want to wear to be sprayed in (disposable undies, or bikini/swimming if you prefer) you will be asked to step into the tanning booth & within 10 minutes, you will be subtly transformed into a bronzed goddess, leaving you to step out looking healthy, natural and glowing!

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Step 3: After Your Tan

After a few minutes drying time you'll be ready to pop your clothes back on.

Renovations recommends choosing something dark and loose... you'll be at home after all, so anything goes - dressing gown, PJ's, or just wander about in your jogging suit – just one of the blissful benefits of an “at-home” tanning experience!!!!

Tight clothes will leave wear marks.

Your tan will take at least 8 hours to fully develop, so please avoid:

1. Working up a sweat during this time
2. Coming into contact with rain or water (use wipes to wash hands)
3. Touching your skin during the development time as this will stain your hand and cannot be easily removed The color you will see directly after the application of your Spray Tan is only a guide color & NOT the finished color. This guide color will gradually get darker over the development time, this is quite normal and please don't panic !!

When you have your first shower, either after the full 8 hours or in the morning, if you have slept with the guide color on, you will see the guide color running off your skin and will only then reveal the true color of you tan. (If leaving guide color on overnight wear loose socks over your hands in bed)

Step 4: Looking After Your Tan

To keep your tan looking gorgeous you will need to:

1. Avoid long hot baths and showers
2. After a shower always pat your skin dry with towel do not rub
3. Moisturize daily, this will prolong your tan & keep it looking nice & fresh
4. After about the 4th day & then every other day after, very gently exfoliate your skin this will help to even out the tan again & ensure even fading
5. Last but not least ENJOY YOUR LOVELY NATURAL LOOKING TAN !!

When your ready for your next tan it is advisable to remove all previous tanning products from your skin

If you have any further queries please don't hesitate to give as a call:
(301) 271-9147